

COMMUNITY UPDATE COVID-19

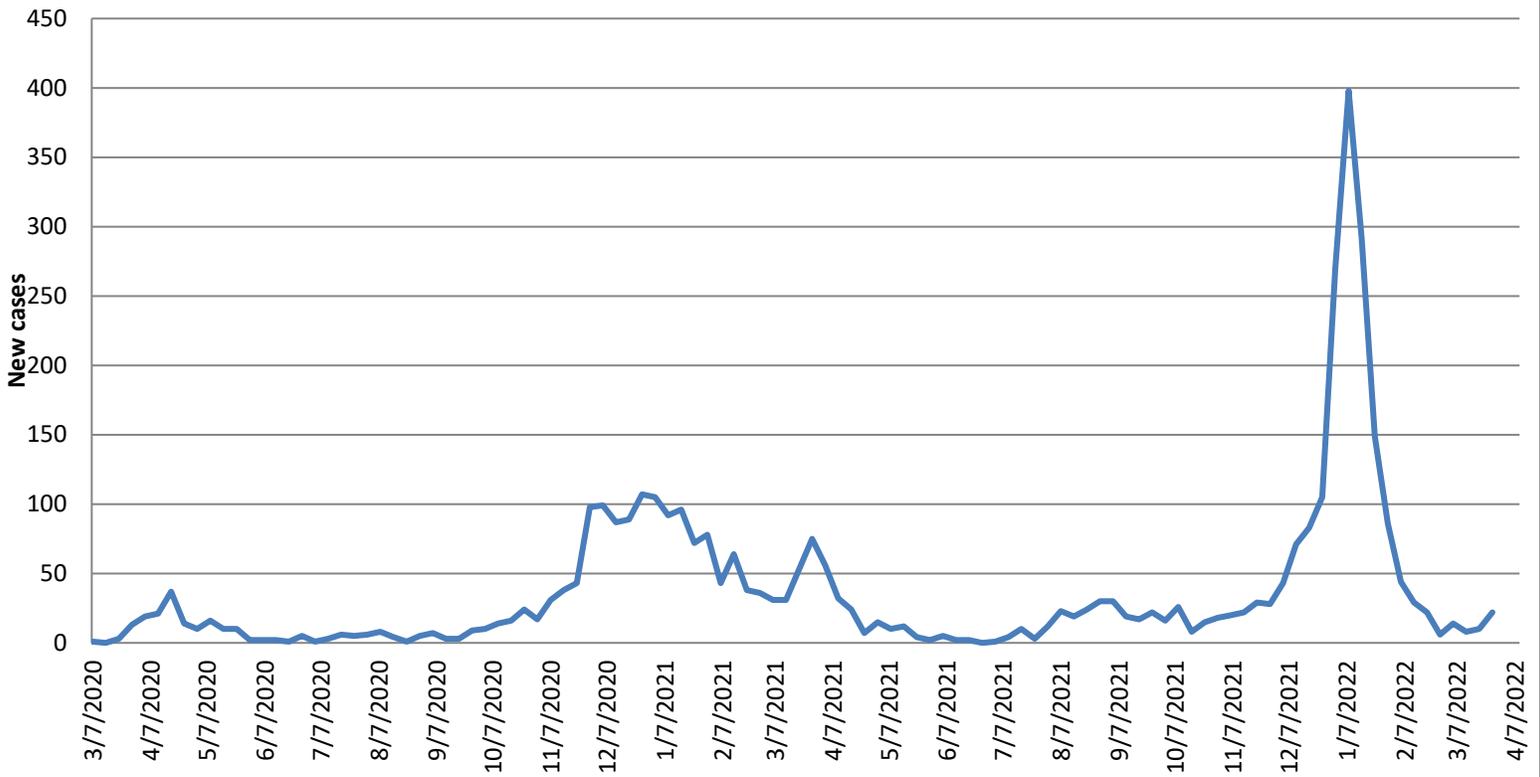
March 28, 2022:

The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town [coronavirus webpage](#).

- **As of today, please see the below chart that represents our communities COVID-19 relates cases:**

<i>Mansfield Covid-19 Workflow</i>	#	
Positive COVID-19 under isolation	22	(updated 03/28 08:00)
Positive Cases recovered	4120	
Total tested positive since beginning:	4178	
Covid-19 Related Deaths	36	Last Covid death in Mansfield 2/15/22

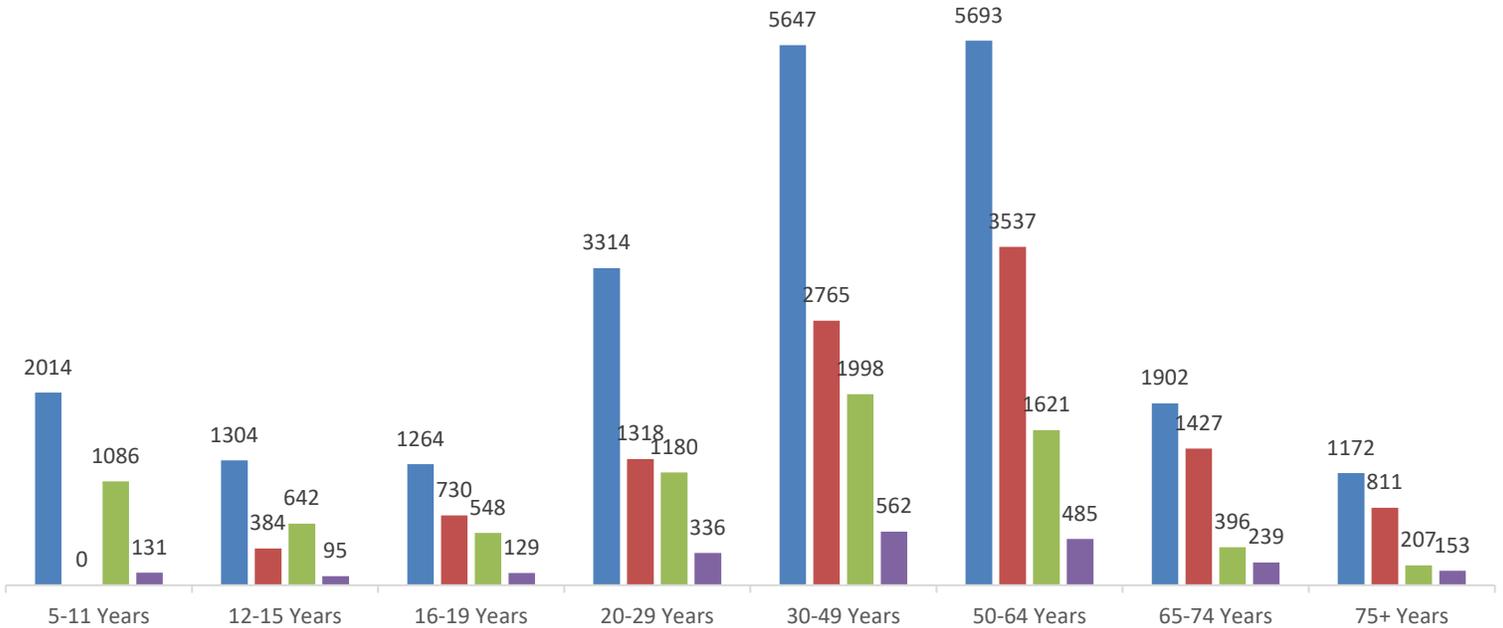
**New COVID-19 cases per week*
March 7, 2020 - March 26, 2022**



* At home test results are not reported nor included in state data

Vaccine Distribution in Mansfield- data through March 22, 2022

■ Population ■ Individuals with booster doses ■ Fully vaccinated individual, no booster ■ Partially vaccinated individuals



All data obtained from [Massachusetts COVID-19 vaccination data and updates | Mass.gov](https://www.mass.gov/info-details/massachusetts-covid-19-vaccination-data-and-updates)

- [Bristol County COVID-19 Community Level is identified as LOW](#)

[COVID-19 Community Levels](#) are a new tool to help communities decide what prevention steps to take based on the latest data. Levels can be low, medium, or high and are determined by looking at hospital beds being used, hospital admissions, and the total number of new COVID-19 cases in an area. Take precautions to protect yourself and others from COVID-19 based on the COVID-19 Community Level in your area.

In **Bristol County**, community level is **Low**.

- Stay [up to date](#) with COVID-19 vaccines
- [Get tested](#) if you have symptoms

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask. If you are immunocompromised, learn more about [how to protect yourself](#).

COVID-19 Community Level designations throughout Massachusetts as of March 24th:

County	COVID-19 Community Level
Barnstable	Low
Berkshire	Low
Bristol	Low
Dukes	Low
Essex	Low
Franklin	Low
Hampden	Low

County	COVID-19 Community Level
Hampshire	Low
Middlesex	Low
Nantucket	Low
Norfolk	Low
Plymouth	Low
Suffolk	Low
Worcester	Low

- [Treatments for COVID-19](#)

Free treatments for COVID-19 are available. They can help prevent hospitalization and reduce your chance for severe disease.

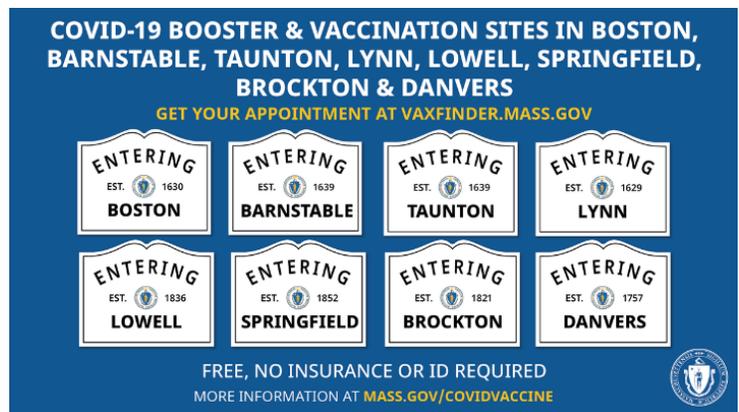
Treatment is available for people who are at increased risk of severe disease, test positive for COVID-19 and have any symptoms, even mild ones (such as runny nose or cough). The sooner you start treatment, the better.

- **Call your doctor right away** to learn about your treatment options, OR
- **Call (508) 213-1380** to speak with a Gothams representative. If you're eligible for COVID-19 treatment, they can schedule an infusion appointment for you at one of their 7 sites in Massachusetts. Gothams COVID-19 Self-Referral Treatment Line is open Monday–Saturday from 8 a.m. to 6 p.m.



- [Get Vaccinated Against COVID-19 for individuals age 5+](#)

The Centers for Disease Control and Prevention (CDC) recommends that [Americans stay "up to date" with COVID-19 vaccines](#), rather than be "fully vaccinated." Up to date means a person has received all recommended COVID-19 vaccines, including any booster dose(s) when eligible. Fully vaccinated means a person has received their primary series of COVID-19 vaccines.



Important Links for Vaccination:

- MA COVID-19 Vaccine Information: www.mass.gov/info-details/massachusetts-covid-19-vaccine-information
- Find a Vaccine Location, including boosters: www.vaxfinder.mass.gov
- COVID-19 Vaccine frequently asked questions: www.mass.gov/info-details/covid-19-vaccine-frequently-asked-questions
- COVID-19 vaccine booster shots, ages 12+: www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html
- COVID-19 booster frequently asked questions: www.mass.gov/info-details/covid-19-booster-frequently-asked-questions
- Generate a COVID-19 digital vaccine card: www.mass.gov/massachusetts-vaccination-records
- Request a copy of your vaccine record: www.mass.gov/info-details/requesting-a-copy-of-your-covid-19-vaccination-record

- [Isolation and Quarantine Guidance for the General Public](#)

Important Links for Isolation and Quarantine:

- Mansfield COVID information: www.mansfieldma.com/601/Covid-Information
- COVID-19 Isolation and Quarantine Guidance for the General Public: www.mass.gov/info-details/covid-19-isolation-and-quarantine-guidance-for-the-general-public
- How To Talk To Your Close Contacts: www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/tell-your-contacts.html
- Enable MassNotify on your smartphone: www.mass.gov/info-details/enable-massnotify-on-your-smartphone

Recommendations for People with COVID-19 and COVID-19 Close Contacts

Have you tested positive for COVID-19 or have mild symptoms and are waiting for test results?

- Isolate. Stay at home for at least 5 days.
- Wear a mask, stay in a separate room from other people, and use a separate bathroom if you can.
- Do not travel for 10 days.
- If you can't wear a mask, stay home and away from other people for 10 days.



Contact your healthcare provider to discuss your test results and available treatment options.

At day 6 if symptoms are improving and you have no fever without fever-reducing medication for 24 hours:

- You can leave isolation.
- Keep wearing a mask around other people for 5 more days.

If your symptoms are not improving and/or you still have fever:

- Continue to stay home until 24 hours after your fever stops without using fever-reducing medication and your symptoms have improved.

After you feel completely better, keep wearing a mask around other people at home and in public through day 10.

Have you been in [close contact](#) with someone who has COVID-19?

- Quarantine: If you are not [up to date](#) with COVID-19 vaccines or haven't had COVID-19 in the past 90 days, stay home and away from other people for at least 5 days. Avoid travel through day 10. If you are up to date or had COVID-19 in the past 90 days you **do not** have to quarantine.
- Wear a mask around other people for 10 days.
- Watch for symptoms of COVID-19 for 10 days.

Get tested on or after day 5 or if you have symptoms. People who had COVID-19 in the past 90 days should only get tested if they develop symptoms.

The CDC has a new [COVID-19 Quarantine and Isolation \(Q&I\) Calculator](#) which offers customized information to address each unique situation. It takes the stress out of figuring when, and for how long, people with COVID-19 and close contacts need to stay home, get tested, and wear a well-fitting mask. Developed in response to requests from partners and the public, the calculator provides important information about what precautions people with COVID-19 and their [close contacts](#) can take to protect loved ones and slow the spread of COVID-19 in their communities.

- [Public Health Advisory regarding COVID-19 Testing](#)

The Massachusetts Department of Public Health advises all residents to seek COVID-19 tests when exhibiting [COVID symptoms](#), or five days following a known close contact with someone diagnosed with COVID pursuant to MA DPH quarantine and isolation protocols, updated in accordance with the new CDC guidance.

Important Links for Testing:

- CDC's online COVID-19 Viral Testing Tool: <https://bit.ly/covid-testing-tool>
- MA DPH COVID-19 Testing information: <https://www.mass.gov/covid-19-testing>
- Find a COVID-19 Test: <https://www.mass.gov/info-details/find-a-covid-19-test>
- Using a COVID-19 Self-Test: <https://www.mass.gov/info-details/using-a-covid-19-self-test>
- CDC COVID-19 Testing: <https://www.cdc.gov/coronavirus/2019-ncov/testing/index.html>
- **Every home in the U.S. is eligible to order 2 sets of 4 free at-home tests. If you already ordered your first set, order a second today.** Order free At-Home COVID-19 Tests: <https://special.usps.com/testkits>



- [COVID-19 Mask Requirements](#)

Important Links for Masks and Respirators:

- COVID-19 Mask Information: www.mass.gov/info-details/covid-19-mask-information
- Types of Masks and Respirators: www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/types-of-masks.html
- Your Guide to Masks: www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html

- Improve How Your Mask Protects You: www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html
- Types of Masks and Respirators: www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/types-of-masks.html
- Find Free Masks (N95 Respirators): www.cdc.gov/coronavirus/2019-ncov/your-health/free-masks.html

Free N95 Respirators

The Strategic National Stockpile has distributed N95 respirators to pharmacy distribution centers throughout the country.

For information about how to use your N95 correctly, see [How to Use Your N95 Respirator](#).

[Free Mask Locator](#)

Find free masks (N95 respirators) at a participating location near you. Click [here](#).



- [Mansfield Public School COVID information and dashboard](#)

For information about the schools and COVID, please see their School Health and COVID Information webpage: <https://sites.google.com/mansfieldschools.com/covid-19/home>