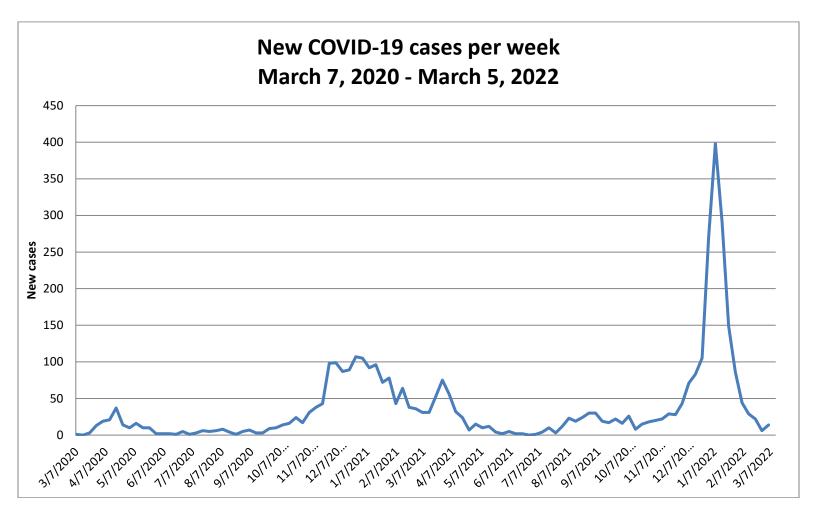
COMMUNITY UPDATE COVID-19

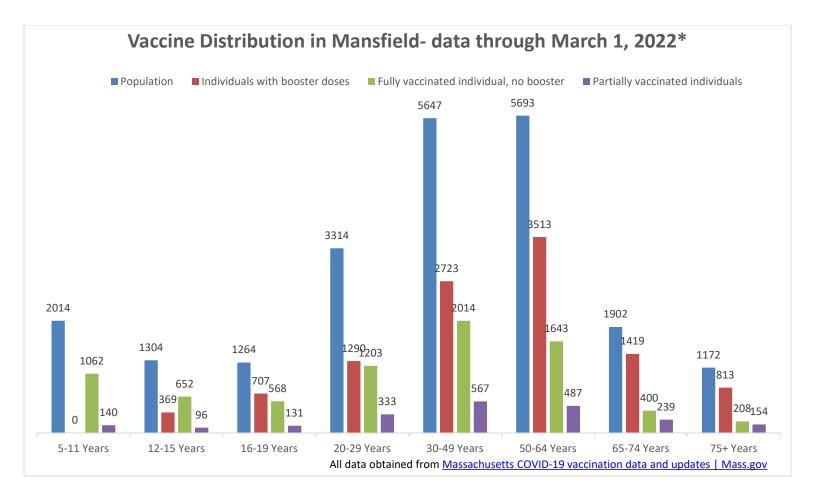
March 10, 2022:

The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town <u>coronavirus webpage</u>.

 As of today, please see the below chart that represents our communities COVID-19 relates cases:

Mansfield Covid-19 Workflow	#	
Positive COVID-19 under isolation	13	(updated 03/10 08:00)
Positive Cases recovered	4093	
Total tested positive since beginning:	4138	
Covid-19 Related Deaths	32	Last Covid death in Mansfield 2/15/22





^{*}The Centers for Disease Control and Prevention (CDC) now recommends that <u>Americans stay "up to date" with COVID-19 vaccines</u>, rather than be "fully vaccinated." Up to date means a person has received all recommended COVID-19 vaccines, including any booster dose(s) when eligible. Fully vaccinated means a person has received their primary series of COVID-19 vaccines.

Preparing Children and Teens for Vaccination

For children and teens, the experience of getting a COVID-19 vaccine will be very similar to the experience of getting routine vaccines.

- Talk to your child before vaccination about <u>what</u> to expect.
- It is not recommended you give pain relievers before vaccination to try to prevent side effects.
- Tell the doctor or nurse about any allergies your child may have.
- To prevent fainting and injuries related to fainting, your child should be seated or lying down during vaccination and for 15 minutes after the vaccine is given.
- After your child's COVID-19 vaccination, you will
 be asked to stay for 15–30 minutes so your child
 can be observed in case they have a severe allergic reaction and need immediate treatment.

Bristol County COVID-19 Community Level is identified as LOW

<u>COVID-19 Community Levels</u> are a new tool to help communities decide what prevention steps to take based on the latest data. Levels can be low, medium, or high and are determined by looking at hospital beds being used, hospital admissions, and the total number of new COVID-19 cases in an area. Take precautions to protect yourself and others from COVID-19 based on the COVID-19 Community Level in your area.

In **Bristol County**, community level is **Low**.

- Stay <u>up to date</u> with COVID-19 vaccines
- Get tested if you have symptoms

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask. If you are immunocompromised, learn more about how to protect yourself.

COVID-19 Community Level designations throughout Massachusetts as of March 3rd:

County	COVID-19 Community Level
Barnstable	Low
Berkshire	Low
Bristol	Low
Dukes	Low
Essex	Low
Franklin	Low
Hampden	Low

County	COVID-19 Community Level
Hampshire	Medium
Middlesex	Low
Nantucket	Low
Norfolk	Low
Plymouth	Low
Suffolk	Low
Worcester	Low

What Prevention Steps Should You Take Based on Your COVID-19 Community Level?

Community Burden Levels				
Low	Medium	High		
 Stay <u>up to date</u> with COVID- 19 vaccines <u>Get tested</u> if you have symptoms 	 If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautions Stay up to date with COVID-19 vaccines Get tested if you have symptoms 	 Wear a <u>mask</u> indoors in public Stay <u>up to date</u> with COVID-19 vaccines <u>Get tested</u> if you have symptoms Additional precautions may be needed for people <u>at high risk for severe illness</u> 		
People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with				

COVID-19 should wear a mask.

• Treatments for COVID-19

Free treatments for COVID-19 are available. They can help prevent hospitalization and reduce your chance for severe disease.

Treatment is available for people who are at increased risk of severe disease*, test positive for COVID-19 and have any symptoms, even mild ones (such as runny nose or cough). The sooner you start treatment, the better.

- Call your doctor right away to learn about your treatment options, OR
- Call (508) 213-1380 to speak with a Gothams representative. If you're eligible for COVID-19 treatment, they can schedule an infusion appointment for you at one of their 7 sites in Massachusetts. Gothams COVID-19 Self-Referral Treatment Line is open Monday—Saturday from 8 a.m. to 6 p.m.
- Get Vaccinated Against COVID-19 for individuals age 5+

Important Links for Vaccination:

- MA COVID-19 Vaccine Information: www.mass.gov/info-details/massachusetts-covid-19-vaccine-information
- Find a Vaccine Location, including boosters: <u>www.vaxfinder.mass.gov</u>
- COVID-19 Vaccine frequently asked questions: www.mass.gov/info-details/covid-19-vaccine-frequently-asked-questions
- COVID-19 vaccine booster shots, ages 12+: www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html
- COVID-19 booster frequently asked questions: <u>www.mass.gov/info-details/covid-19-booster-frequently-asked-questions</u>
- Generate a COVID-19 digital vaccine card: www.mass.gov/massachusetts-vaccination-records
- Request a copy of your vaccine record: www.mass.gov/info-details/requesting-a-copy-of-your-covid-19-vaccination-record
 - Isolation and Quarantine Guidance for the General Public

Important Links for Isolation and Quarantine:

- Mansfield COVID information: www.mansfieldma.com/601/Covid-Information
- COVID-19 Isolation and Quarantine Guidance for the General Public: www.mass.gov/info-details/covid-19-isolation-and-quarantine-guidance-for-the-general-public
- How To Talk To Your Close Contacts: www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/tell-your-contacts.html
- Enable MassNotify on your smartphone: www.mass.gov/info-details/enable-massnotify-on-your-smartphone

Public Health Advisory regarding COVID-19 Testing

The Massachusetts Department of Public Health advises all residents to seek COVID-19 tests when exhibiting <u>COVID symptoms</u>, or five days following a known close contact with someone diagnosed with COVID pursuant to MA DPH quarantine and isolation protocols, updated in accordance with the new CDC guidance.

Important Links for Testing:

- CDC's online COVID-19 Viral Testing Tool: https://bit.ly/covid-testing-tool
- MA DPH COVID-19 Testing information: https://www.mass.gov/covid-19-testing
- Find a COVID-19 Test: https://www.mass.gov/info-details/find-a-covid-19-test
- Using a COVID-19 Self-Test: https://www.mass.gov/info-details/using-a-covid-19-self-test
- CDC COVID-19 Testing: https://www.cdc.gov/coronavirus/2019-ncov/testing/index.html
- Every home in the U.S. is eligible to order 2 sets of 4 free at-home tests. If you already ordered your first set, order a second today. Order free At-Home COVID-19 Tests: https://special.usps.com/testkits

COVID-19 Mask Requirements

Important Links for Masks and Respirators:

- COVID-19 Mask Information: www.mass.gov/info-details/covid-19-mask-information
- Types of Masks and Respirators: www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/types-of-masks.html
- Your Guide to Masks: www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html
- Improve How Your Mask Protects You: www.cdc.gov/coronavirus/2019-ncov/your-health/effective-masks.html
- Types of Masks and Respirators: www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/types-of-masks.html
- Mansfield Public School COVID information and dashboard

For information about the schools and COVID, please see their School Health and COVID Information webpage: https://sites.google.com/mansfieldschools.com/covid-19/home