

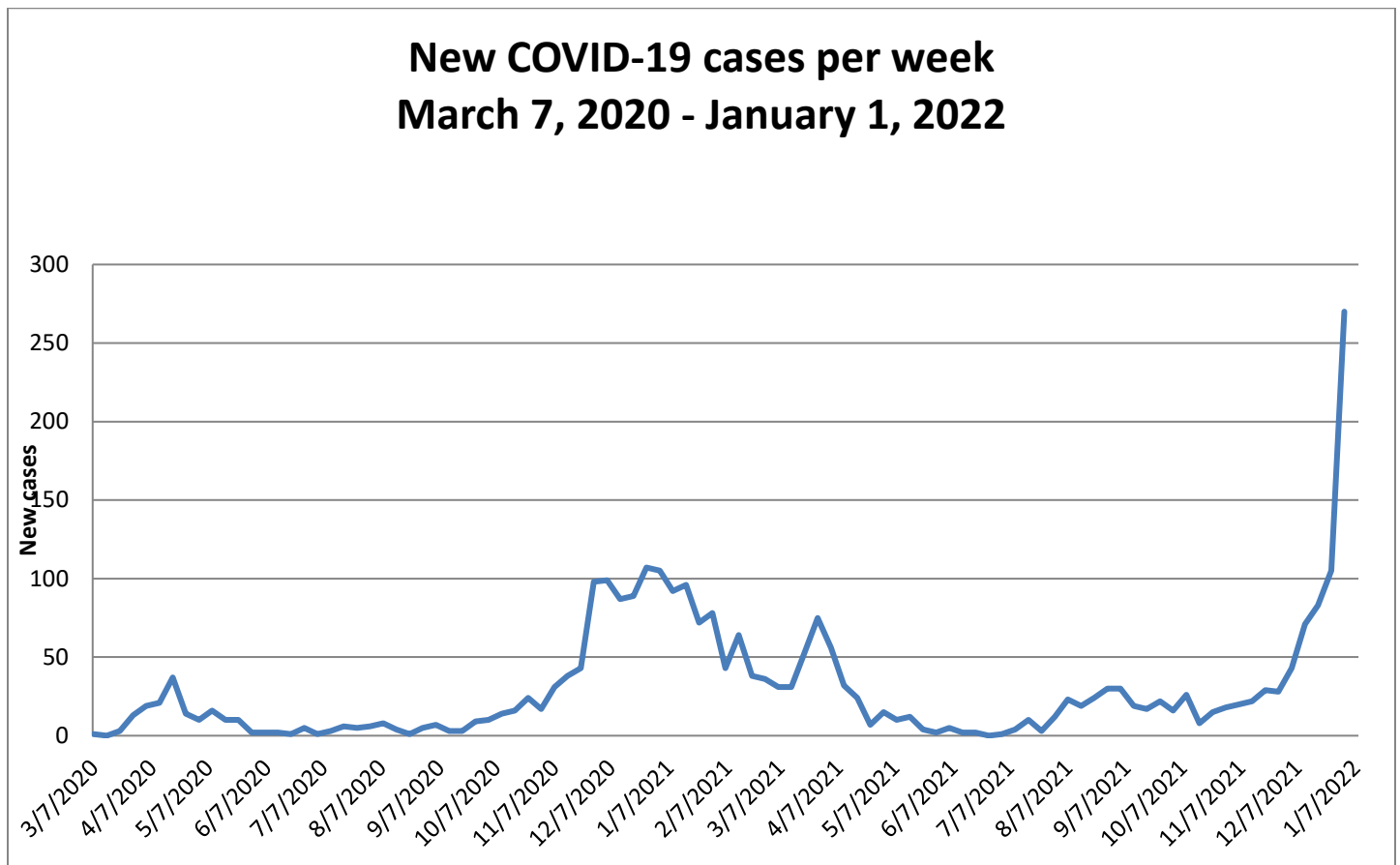
COMMUNITY UPDATE COVID-19

January 7, 2022:

The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town [coronavirus webpage](#).

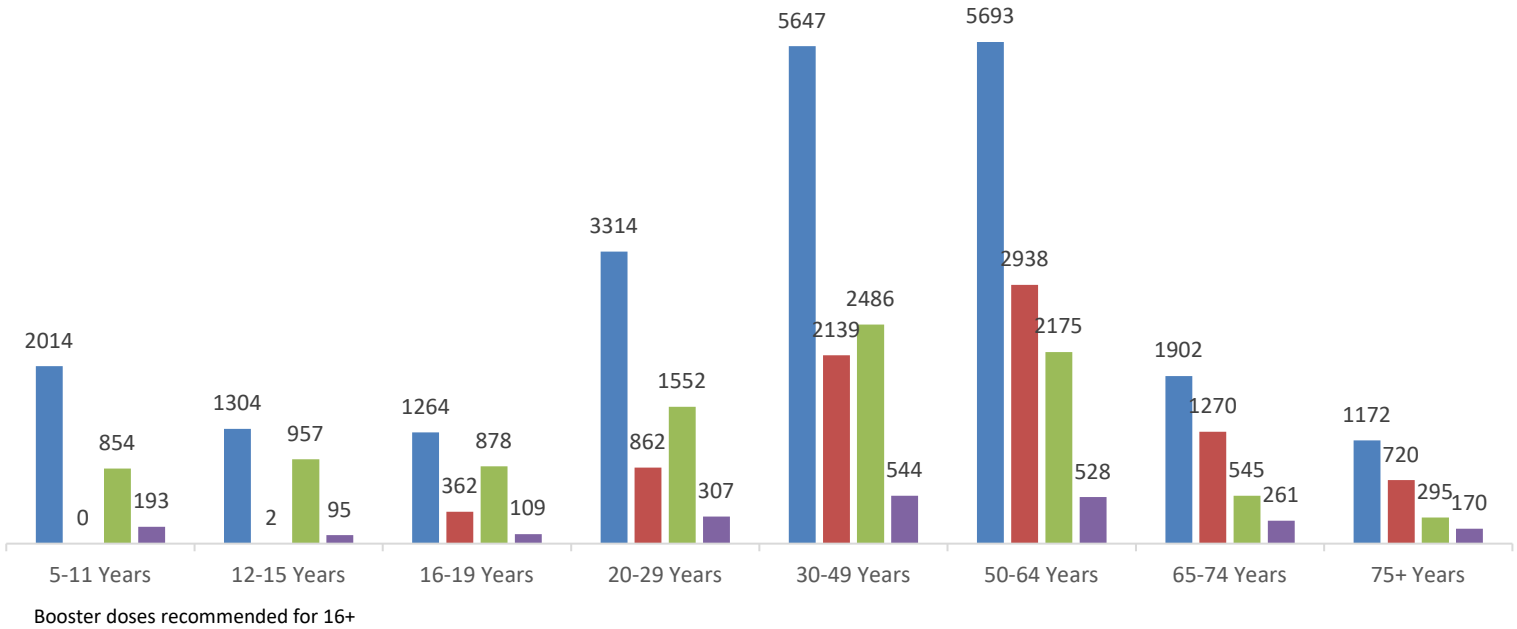
- **As of today, please see the below chart that represents our communities COVID-19 relates cases:**

<i>Mansfield Covid-19 Workflow</i>	#	
Positive COVID-19 under isolation	400	(updated 01/07 08:00)
Positive Cases recovered	2802	
Total tested positive since beginning:	3231	
Covid-19 Related Deaths	29	Last Covid death in Mansfield 12/20/21



Vaccine Distribution in Mansfield- data through January 4, 2021

■ Population ■ Individuals with booster doses ■ Fully vaccinated individual, no booster ■ Partially vaccinated individuals



NEW VACCINE UPDATE



Adolescents & teens ages 12 to 18 years old who received a COVID-19 vaccine should get a booster.

They can get their booster at least 5 months after completing their primary Pfizer-BioNTech series.

FIND OUT MORE AT [CDC.GOV/CORONAVIRUS](https://www.cdc.gov/coronavirus)



• [COVID-19 Vaccine Booster Shots](#)

CDC has expanded recommendations for COVID-19 vaccine booster shots to now include everyone ages 12 years and older. At this time, only the Pfizer-BioNTech COVID-19 vaccine is authorized and recommended for teens ages 12 to 17. Learn more:

<https://bit.ly/3HHFQ70>

Find out when you are eligible for a COVID-19 Booster:

- You can check if you're eligible for a booster at <http://mass.gov/BoosterCheck>
- If you are eligible, visit <http://vaxfinder.mass.gov> for a list of locations to receive a booster (or call 2-1-1)

More info on the boosters can be found at [COVID-19 booster frequently asked questions | Mass.gov](#).

- [Isolation and Quarantine Guidance for the General Public](#)

On December 28, 2021, the Centers for Disease Control and Prevention shortened the recommended time for isolation for individuals with COVID-19.

If the individual shows no symptoms, the recommended isolation period is shortened from 10 days to 5 days, followed by 5 days of wearing a mask when around others.

For individuals unvaccinated or are more than six months out from their second Pfizer or Moderna dose (or more than 2 months after the J&J vaccine) and not yet boosted who have been [exposed to COVID-19](#), the CDC now recommends quarantine for 5 days followed by strict mask use for an additional 5 days.

Alternatively, if a 5-day quarantine is not feasible, it is imperative that an exposed person [wear a well-fitting mask](#) at all times when around others for 10 days after exposure. Individuals who have received their booster do not need to quarantine following an exposure, but should wear a mask for 10 days after the exposure.

For all those exposed, best practice would also include a test for SARS-CoV-2 at day 5 after exposure. If symptoms occur, individuals should immediately quarantine until a negative test confirms symptoms are not attributable to COVID-19.

Vaccination is the best way to protect yourself and reduce the impact of COVID-19 on our communities.

Child care programs should continue to partner with their local boards of health for support in developing or adjusting their individual program's quarantine and isolation policies in accordance with the revised CDC guidance. EEC will release additional child care specific COVID-19 information during the week of January 3rd. As a reminder, child care programs are encouraged to leverage these [suggested strategies](#), developed by EEC, when developing their policies for COVID-19 mitigation.

If you test positive for COVID-19 (isolate)

Everyone, regardless of vaccination status:

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves

If you were exposed to someone with COVID-19 (quarantine)

If you:

Have been boosted

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

If you develop symptoms get a test and stay home.

OR

Completed the primary series of J&J vaccine within the last 2 months

If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5, if possible.

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

If you develop symptoms get a test and stay home

- [Enable MassNotify on your smartphone](#)

Add your phone to the fight. Know if you've been exposed and help stop the spread of COVID-19.

MassNotify is a tool that works through smartphones, with a focus on privacy, to alert users who may have been exposed to COVID-19. You can enable MassNotify on your iPhone or Android phone to add another tool to our fight against the spread of COVID-19.

- By opting in, your device will share anonymous codes with other MassNotify users using your phone's Bluetooth.
- MassNotify codes contain no personal information or location data and are completely anonymous.
- If another user you've been near tests positive for COVID-19 within a 14-day period, you will be notified. If you test positive, you can easily and anonymously notify others to stop the spread of COVID-19.

[Learn how to enable MassNotify on your phone.](#)

- [Requesting a copy of your COVID-19 vaccination record](#)

There are several options to request a copy of your COVID-19 Vaccination Record. Please go to [Requesting a copy of your COVID-19 vaccination record | Mass.gov](#) for more information.

- [Get Vaccinated Against COVID-19 for individuals age 5+](#)

People age 5+ who live, work or study in Massachusetts can be vaccinated. Sign up and be notified of appointments near you.

Use [VaxFinder.mass.gov](https://vaxfinder.mass.gov) to search for appointments at pharmacies, health care providers, and other community locations.

Council on Aging staff is available to assist any vaccine-eligible seniors who need help navigating the scheduling process. Please call 508-261-7368.

- [Mask Mandate for all public spaces within Mansfield to take effect on January 12](#)

Effective January 12, 2022: Due to the rapid rise in cases in the town of Mansfield, the Mansfield Board of Health has enacted an emergency order requiring face coverings for all individuals aged two years and above in all indoor public spaces, houses of worship, or private spaces open to the public except where an individual is unable to wear a face covering due to a medical condition or disability. This mandate will be in place until February 28, 2022. Additional information will be available on Monday, January 10th.

- [Testing for COVID-19](#)

CDC's online COVID-19 Viral Testing Tool can help you understand your COVID-19 testing options. Get started: <https://bit.ly/covid-testing-tool>.

Testing is our best tool to identify those who have been exposed and slow the uptick in cases. You should get tested for COVID-19 if you have symptoms or you've been exposed to someone with COVID-19, even if you're fully vaccinated. If you've had COVID-19 in the past 3 months and you've been exposed to someone with COVID-19, you don't need to get tested if you don't have new symptoms. Testing is encouraged regardless of vaccination status. <https://www.mass.gov/covid-19-testing>

The Town of Mansfield does not have any public testing or self-test kits available at this time. Please check the [Mansfield Health Department Coronavirus Information webpage](#) for updates.

- [COVID-19 Self-tests](#)

Self-tests may be used if you have COVID-19 symptoms or have been exposed or potentially exposed to an individual with COVID-19.

Even if you don't have symptoms and have not been exposed to an individual with COVID-19, using a self-test before gathering indoors with others can give you information about the risk of spreading the virus that causes COVID-19. This is especially important before gathering with [unvaccinated](#)

[children](#), [older individuals](#), those who are [immunocompromised](#), or [individuals at risk of severe disease](#). More information can be found here: [Self-Testing | CDC](#)

There are CDC videos available to learn more about self-tests.

[How To Use a Self-Test - YouTube](#)

[How To Interpret Self-Test Results - YouTube](#)

- [Bristol county identified as an area of high transmission](#)

Bristol county has been identified by the CDC as an area of high transmission for COVID-19. The CDC recommends all people, no matter their vaccination status, wear masks indoors and in crowded outdoor settings in areas of substantial or high transmission. More information can be found [here](#).

County	COVID transmission level
Barnstable	High
Berkshire	High
Bristol	High
Dukes	High
Essex	High
Franklin	High
Hampden	High
Hampshire	High
Middlesex	High
Nantucket	High
Norfolk	High
Plymouth	High
Suffolk	High
Worcester	High

Bristol County, Massachusetts

[State Health Department](#) 

7-day Metrics | [7-day Percent Change](#)

Community Transmission ● High

Everyone in **Bristol County, Massachusetts** should wear a mask in public, indoor settings. Mask requirements might vary from place to place. Make sure you follow local laws, rules, regulations or guidance.

[How is community transmission calculated?](#)

January 7, 2022

Cases	9,004
Case Rate per 100k	1,593.02
% Positivity	22.23%
Deaths	38
% of population ≥ 5 years of age fully vaccinated	65.3%
New Hospital Admissions	201

Data from [CDC COVID Data Tracker](#)