

COMMUNITY UPDATE COVID-19

November 12, 2020:

The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town [coronavirus webpage](#).

- **As of today, please see the below chart that represents our communities COVID-19 relates cases:**

<i>Mansfield Covid-19 Workflow</i>	#	
Positive COVID-19 under isolation	22	(updated 11/12 08:00)
Positive Cases recovered	273	
Total tested positive since beginning:	311	
Mansfield Community Designation Level	Yellow	Red-higher risk Yellow- moderate risk Green- lower risk
Covid-19 Related Deaths	16	Last Covid death in Mansfield 10/28/20



- **[Everyone Can Make Thanksgiving Safer](#)**

Traditional Thanksgiving gatherings with family and friends are fun but can increase the chances of getting or spreading [COVID-19](#) or the [flu](#). Follow these tips to make your Thanksgiving holiday safer.

The safest way to celebrate Thanksgiving this year is to celebrate with people in your household. If you do plan to spend Thanksgiving with people outside your household, take steps to make your celebration safer.

➤ **Wear a mask**

- Wear a mask with two or more layers to stop the spread of COVID-19.
- Wear the mask over your nose and mouth and secure it under your chin.
- Make sure the mask fits snugly against the sides of your face.

➤ **Stay at least 6 feet away from others who do not live with you**

- Remember that some people without symptoms may be able to spread COVID-19 or flu.
- Keeping 6 feet (about 2 arm lengths) from others is especially important for [people who are at higher risk of getting very sick](#).

➤ **Wash your hands**

- Wash hands often with soap and water for at least 20 seconds.
- Keep [hand sanitizer](#) with you and use it when you are unable to wash your hands.
- Use hand sanitizer with at least 60% alcohol.

Attending a Gathering

Make your celebration safer. In addition to following the steps that everyone can take to make Thanksgiving safer, take these additional steps while attending a Thanksgiving gathering.

- Bring your own food, drinks, plates, cups, and utensils.
- Wear a mask, and safely [store your mask](#) while eating and drinking.
- Avoid going in and out of the areas where food is being prepared or handled, such as in the kitchen.
- Use single-use options, like salad dressing and condiment packets, and disposable items like food containers, plates, and utensils.

Hosting a Thanksgiving Gathering

If having guests to your home, be sure that people follow the steps that everyone can take to make Thanksgiving safer. Other steps you can take include:

- Have a small [outdoor meal](#) with family and friends who live in your community.
- Limit the number of guests.
- Have conversations with guests ahead of time to set expectations for celebrating together.
- [Clean and disinfect](#) frequently touched surfaces and items between use.
- If celebrating indoors, make sure to open windows.
- Limit the number of people in food preparation areas.
- Have guests bring their own food and drink.

- If sharing food, have one person serve food and use single-use options, like plastic utensils.

Thanksgiving Travel

Travel increases your chance of getting and spreading COVID-19. Staying home is the best way to protect yourself and others.

If you do travel

- Check travel restrictions before you go.
- Get your [flu shot](#) before you travel.
- Always wear a mask in public settings and on [public transportation](#).
- [Stay at least 6 feet apart](#) from anyone who is not in your household.
- Wash your hands often or use hand sanitizer.
- Avoid touching your mask, eyes, nose, and mouth.
- Bring extra supplies, such as masks and hand sanitizer.

Consider Other Thanksgiving Activities

Host a virtual Thanksgiving meal with friends and family who don't live with you

- Schedule a time to share a meal together virtually.
- Have people share recipes and show their turkey, dressing, or other dishes they prepared.

Watch television and play games with people in your household

- Watch Thanksgiving Day parades, sports, and movies at home.
- Find a fun game to play.

Shopping

- Shop online sales the day after Thanksgiving and days leading up to the winter holidays.
- Use contactless services for purchased items, like curbside pick-up.
- Shop in open air markets staying 6 feet away from others.

Other Activities

- Safely prepare traditional dishes and deliver them to family and neighbors in a way that does not involve contact with others (for example, leave them on the porch).
- Participate in a gratitude activity, like writing down things you are grateful for and sharing with your friends and family.

- **Updates to the Youth and Amateur Sports Standards**

Effective on November 7, 2020, there are new [updates for youth and amateur sports](#).

Here is a summary of the updates:

- **New exemption for masks (change):** Low risk sports are exempt from wearing masks during active play when participants can consistently maintain at least 14 feet distance from each other throughout the duration of active play (singles tennis, when XC runners are more than 14 feet apart, a solo gymnastics performance)
- **No out-of-state teams allowed to play at MA-facilities (no change):** A full team from another state cannot come here to play a game against another team. If a facility hosts an out-of-state team, they risk closure.
- **Out-of-state border athletes or coaches are subject to the travel order (change):** An individual athlete from a border state that plays on a Massachusetts based team primarily made up of Massachusetts athletes is subject to the travel order. No exceptions
 - This means that any player who comes into the state from a non-low risk state has to test or quarantine every time the player enters. This effectively does what we stated in the prior version of the guidelines, that we weren't allowing out-of-state athletes on MA-teams or at MA-facilities but now it just ties it to the travel order.
 - While the travel order has an exception for "commuting to a place of work" there is no exception tied to volunteer sports activities. Someone might make the case that a lot of volunteering is actually work, but we should point people to the Travel Order and DPH guidance.
- **A student from another state being educated in Massachusetts can participate in school affiliated sports in Massachusetts and is not subject to the travel order (clarified):** but only school-related athletics. They aren't exempt from the travel order to play in a private league, for example.
- **MA-based teams or MA-based athletes & coaches that choose to travel must comply with the MA travel order (clarified):** if a player or team does not comply, the team or individual risks suspension of play/games.
 - Out-of-state travel is strongly discouraged.
 - This means that if a MA team or player/coach travels to a non-low risk state, they have to test or quarantine when they come back to MA before they can return to work or school.
- **MA teams must ensure full compliance with the Travel Order:** Activity Organizer must ensure that every player or coach complies with the travel order. If they do not, then they risk suspension of play/games.

- New stay at home advisory as of November 6th

STAY AT HOME BETWEEN 10PM – 5AM

(effective Nov 6, 2020)

BETWEEN 10PM-5AM THE FOLLOWING GUIDELINES APPLY:

ONLY leave your home for:

- Work, school or essential needs
- Essential needs include:
 - Emergency medical care
 - Grocery store
 - Pharmacy
 - Picking up take-out food
 - Receiving deliveries

NO gatherings at home with members outside your household

REMEMBER to wear a mask and practice social distancing if you need to leave home



NEW STAY-AT-HOME ADVISORY GUIDELINES

ACADEMIC
**PUBLIC
HEALTH
VOLUNTEER
CORPS**

For more information visit:
<https://www.mass.gov/news/stay-at-home-advisory>

- **Updated Metrics for Cities and Towns**

Updated metrics for cities and towns were announced at the Governor’s Press Conference on Friday afternoon. Using a 2 week period to assess trends, the metrics are:

CITY & TOWN METRICS			
Population			
Group	Under 10k	10k - 50k	Over 50k
Grey	Less than or equal to 10 total cases	Less than or equal to 10 total cases	Less than or equal to 15 total cases
Green	Less than or equal to 15 total cases	<10 avg cases/100k AND >10 total cases	<10 avg cases/100k AND >15 total cases
Yellow	Less than or equal to 25 total cases	≥10 avg cases/100k OR ≥5% pos rate	≥10 avg cases/100k OR ≥4% pos rate
Red	More than 25 total cases	≥10 avg cases/100k AND ≥5% pos rate	≥10 avg cases/100k AND ≥4% pos rate

Learn more at Mass.gov/StopCOVID19

